



Tracking Walk



You Will Need:

Time and space to walk in Nature. Why not visit a Wildlife Trust Reserve?



Plaster of Paris



A cup



A stick



A bottle of water



Footprint Guide
and nut guide.



Visit The Wildlife Trust website for free printable guides.

Strips of paper



Paperclips



Activity Plan:

1. Start the walk by having a 'warm up'. Let one person walk ahead. Can you follow their footsteps and find out where they went?
2. Begin your walk and look for signs of wildlife along the way. Remember this could be animal tracks, nibbled nuts, feathers, fur caught on feathers, animal droppings or even burrows. *Optional: You could make a journal of the evidence you find and what it shows e.g. circular droppings - rabbit, black and white feather - magpie.*
3. Make a cast or 'fossil' of a part of the walk. This could be of a footprint or a shape you make with twigs and stones.

Clear the area around your footprint / design.

create a circle with your paper and pin the ends with the paperclip.

Push this into the mud.

In the cup, mix the plaster of paris with a little water until you have a smooth consistency.

Pour this into the middle of your paper ring ensuring there is enough to fully cover the footprint/pattern.

Wait 5-10 minutes until it is fully dry and pick it up. Make sure you leave no trace.