# Accessible Sea Watching

## Seaquest Southwest



www.cornwallwildlifetrust.org.uk/seaquest seaquest@cornwallwildlifetrust.org.uk



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### Introduction

Seaquest Southwest is a citizen science marine recording project run by Cornwall Wildlife Trust's Living Seas Team. It is one of Cornwall Wildlife Trust's fantastic marine projects aimed at better understanding, conserving and protecting marine wildlife and wild places for future generations.

Doing a Seaquest sea watch or survey is a brilliant thing to do, not only for conservation, but also for ourselves. Watching the sea can be incredibly valuable to our mental health and wellbeing.

As such, it shouldn't just be an activity only open to those able to hike to the middle of no where and watch from an isolated headland. We should all be able to access the coast. Therefore, this Accessible Sea Watching document will act as a guide for people to gain extra information on accessible sea watching sites across Cornwall, to help encourage more people to be part of Seaquest Southwest.

## Keep up to date with Seaquest Southwest on social media!

Facebook: www.facebook.com/CWTSeaquestSouthwest Instagram: @Seaquest\_southwest Mailchimp: http://eepurl.com/dx0YZD Twitter: @CWTSeaquestSW # MakeYourSightingsCount

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## Seaquest Southwest







#### Pendennis Point -

- Lat: 50°08'39.1"N
- Long: 5°02'35.8"W
- Parking information: Free 24 Hour Car Park
- Site Details: The nearest toilet is at Castle Beach. Pendennis Point is a flat viewing point looking across the bay.

#### St Agnes NCI -

- Lat: 50°18'53.6"N
- Long: 5°13'59.0"W
- Parking information: Free Car Park
- Site Details: Carn Gowla car park-There is a level platform above the coast path that gives excellent views. Please see St Agnes Head Wheelchair accessible locations for more information.

#### Car Park above Pendower Beach-

- Lat: 50°12'25.6"N
- Long: 4°56'50.8"W
- Parking information: National Trust Car park
- Site information: Access to the SW coast path fairly flat path if not travelling far from the car park, with a great view of the bay.

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### **Rinsey Head-**

- Lat: 50°05'43.7"N
- Long: 5°22'05.9"W
- Parking information: Limited parking
- Site information: No toilets nearby. There is a flat path down to Rinsey Head with a good view out to sea.



#### Mevagissey breakwater /outer harbour wall –

- Lat: 50°16'08.7"N
- Long: 4°46'55.6"W
- Parking information: Lots of parking in the town.
- Site information: Head along the harbour wall to the outer wall for the best view out to sea.



### Glebe Cliff -

- Lat: 50°39'58.5"N
- Long: 4°45'31.2"W
- Parking information: There are 2 accessible parking areas that give access-I.The furthest away is by Tintagel Church. The National Trust have made a level track here for wheelchairs, from the church to the Cliff car park. 2. There is a small parking area by the YHA. Some locals use this as well, so spaces can't be guaranteed.

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#### St Ives Head / The Island –

- Lat: 50°13'05.5"N
- Long: 5°28'33.6"W
- Parking information: Parking available at the island car park.
- Site information: From the car park there is a stepped footpath leading up to the island viewing point, but there is also an accessible road route, with the last 20 metres being quite uneven it may be difficult for some access and so watching from the point before the NCI is a good option.



#### Pentire Head -

- Lat: 50°34'55.7"N
- Long: 4°54'25.2"W
- Parking information: Cornwall Council car park.
- Site information: They have a Tramer off road mobility scooter for hire under the Countryside Mobility Scheme that can travel along the coast path.



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**Other Options** 

### Seaquest Southwest

Another option to watch marine wildlife in Cornwall is of course by boat: Wetwheels Southwest provide the opportunity for all disabled people, including those with profound and complex disabilities, to enjoy the sea in a safe and rewarding way aboard a purpose-built, fully-accessible powerboat. From its base in Falmouth, Wetwheels Southwest offers the classic Wetwheels accessible powerboating experience, enabling people with any disability to get out on the water. Find out more here: https://wetwheelsfoundation.org/locations/southwest/

Why not look at the Cornwall Rolling Ramblers Group? The Cornwall Rolling Ramblers are a group of people with the common aim of promoting countryside/coastal access for disabled people primarily using assistive technology such as wheelchairs, power chairs and mobility scooters. Their website includes a whole range of accessible areas, including coastal sites. Find out more here: http://www.cornwallrr.org.uk/index.html

#### **Sightings**

If you are a trained Seaquest Volunteer, don't forget to send us your survey forms from any watch you carry out! And if you are not a Trained Seaquest Volunteer, you can get in contact with one of our associated marine groups to attend one of their monthly watches or you can join us at a public watch to get involved and help us survey for marine mammals. Please find our 2023 Programme at the bottom of the webpage for more information about our monthly Sea watches: https://www.cornwallwildlifetrust.org.uk/what-we-

do/our-conservation-work/at-sea/seaquest-southwest Casual Sightings

Any sightings are just as important as a full survey. If you see a marine animal on your coastal travels, please send in your sightings via ORKS (Online Recording Kernow and Scilly). www.orks.org.uk



