## 'wet', but specific wetland management includes pond creation, ditch clearance and reed cutting. New ponds are created in preference to clearing existing ones, creating a varied mix of open water and ponds that are vegetating

When you visit a nature reserve, please: Wetlands Many of the Trust's nature reserves can be considered

birds such as the skylark, which is currently in decline, Do not disturb wildlife. Remember, ground nesting www.cornwallwildlifetrust.org.uk/naturereserves to download to make your visit more enjoyable, visit Check our website to see if there is a leaflet available

ground nesting birds which will prevent them from to breed. Dogs not under close control can disturb use our heathland, grassland and dune nature reserves

these sites. Please always remove dog mess from our the soil which is bad for the plant species found on damaged by dog mess because they add nutrients to • Certain habitats, particularly sandunes and heath, are

us. You will be part of something wonderful. that Cornwall's wildlife should be protected, please join support us is by becoming a member. If you too believe Cornwall's wildlife and one of the best ways you can We depend on support from people who care about

Become a member

### Benefits of becoming a member

- the satisfaction that you are helping to protect
- Cornwall's wildlife and wild places for the future
- featuring regular updates about our work and how our Wild Cornwall magazine three times a year
- our local wildlife events for you to enjoy you can get involved, as well as a diary packed full of
- family membership includes all of the above, plus:
- children's publications, Pawprint and Wildlife Watch, • our fun and educational local and national
- three times a year
- Alimet abem rolist of tailor made family
- activities through the year

### It's so easy to join

- Go online to www.cornwallwildlifetrust.org.uk/join
- Phone us on (01872) 273939.

### Fill in the form overleat.

Thank you!



### Nature reserves for wildlife and people

Cornwall Wildlife Trust owns or manages over 57 nature reserves across Cornwall covering over 5,500 acres (2,000 hectares). Collectively, the nature reserves support all of Cornwall's diverse habitats. These are a haven for the rarest and most endangered species in the county such as the dormouse, lesser horseshoe bat, marsh fritillary butterfly and heath lobelia.

From the very outset of the Trust in the early 1960s, the ownership of land was considered essential if we were to protect Cornwall's wildlife from ongoing losses that were common at that time. The Trust wasted no time in buying its first nature reserve, Ventongimps Moor, near Truro and has continued to buy land ever since. The threats to these sites were and remain many: agricultural improvements, afforestation, development, pollution and disturbance.

Cornwall Wildilfe Trust is now working towards achieving a 'Living Landscape' for Cornwall to protect, expand and link areas for wildlife. In a 'Living Landscape' wildlife-rich core areas like our nature reserves provide a source of species to spread out into the wider countryside which is managed positively for wildlife. Rivers and streams, Cornish hedges, waysides and areas of new or restored habitat link all these wildlife-rich areas together. For more information see:

www.cornwallwildlifetrust.org.uk/livinglandscapes

Wildlife in Cornwall is diverse and varied, the scenery and landscapes are stunning. Humans have had a great deal of influence on these landscapes over the centuries

### What we do... **Conserve habitats** • by managing 57 nature reserves, covering

Cornwall Wildlife Trust is the leading local charity

nature conservation and work only in Cornwall.

working to protect and enhance Cornwall's wildlife and

wild places. We have helped people to enjoy nature for

over 50 years. We are passionate about all aspects of

- over 5,500 acres, giving refuge to rare and endangered species.
- by advising landowners on how best to manage their land for wildlife.

### **Protect wildlife**

- by campaigning and running projects on land and at sea to protect wildlife and its environment.
- · by recording and monitoring wildlife, allowing us to share our information, knowledge and expertise.

### **Inspire people**

- by encouraging locals and visitors to explore and enjoy Cornwall's natural heritage.
- by helping children to have fun with nature through Fox Club, aimed at primary school aged children.

### Find out more at...

- www.cornwallwildlifetrust.org.uk
- I/CornwallWildlife
- El/CornwallNature
- Tube / Cornwall Wildlife Film
- Cornwall wildlife trust

Five Acres, Allet, Truro, Cornwall, TR4 9DJ Tel: (01872) 273939

Email: info@cornwallwildlifetrust.org.uk Registered charity number: 214929. Company registration number: 732511. VAT registration number: 557 3030 53.

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Front cover: Chûn Downs Nature Reserve, Penwith

cornwallwildlitetrust.org.uk/legacy

your tree Make a Will for Wildlife booklet:

Campaign on behalf of wildlife.

Buy and manage nature reserves

beauty of Cornwall and its wildlife.

Educate and inspire children

leaving a legacy to the Trust please contact us for

liability. If you would like to know more about

tax-free, which helps to reduce inheritance tax

Provide protection for endangered species

to ensure future generations can enjoy the natural

including a legacy gift to Cornwall Wildlife Trust

you care about are provided for, please consider

your Will, once you have made sure that the people do make a difference. When you write or update

supporters, no matter how big or small they really

Leave a legacy for the future

made possible through legacies left to us by our

So much of the Trust's conservation work is

Legacies have already helped us to:

What's more, legacies to a registered charity are

Encourage volunteers to protect their local area

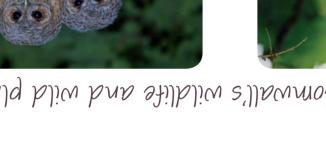
Visit our website:

(01812) 273939









land. Some land management practices such as coppicing, grazing and cutting plants like gorse for fuel, actually led to an increase in biodiversity. This is because they created habitats which are at different stages of maturity, each stage supporting different species. Cornwall Wildlife Trust continue these traditional techniques to maintain the high stages of biodiversity found on our nature reserves. Woodlands

Trust undertakes on its woodland nature reserves is the coppicing of trees. This is carried out at Devichoys Wood Nature Reserve near Falmouth and Cabilla and Redrice Woods Nature Reserve near Bodmin. On both sites there has been a history of coppicing and this form of management has been reinstated. Different areas or 'coups' are cut, which creates a varied structure within the woods, letting in light and promoting a flourishing woodland flora. These coppice coups provide ideal feeding habitat for species including the silver-washed fritillary butterfly and dormice.

Cut timber is used on our nature reserves for boardwalks, fencing and other construction jobs. Left over wood is stacked creating log piles, which provide a valuable habitat for insects and fungi.

Another part of our woodland management is removing non-native species including rhododendron, laurel and sycamore. If left, over time these will out-compete our native trees and shrubs, therefore lowering the nature reserves' biodiversity and value for wildlife.

The most traditional form of management which the

over. Ditches are cleared where necessary to maintain water levels and prevent flooding, and this work is carried out with a minimum of disturbance to wildlife. Open water attracts a variety of bird species such as the at Maer Lake Nature Reserve near Bude. Birdwatchers often discover rarities at sites like Windmill Farm Nature

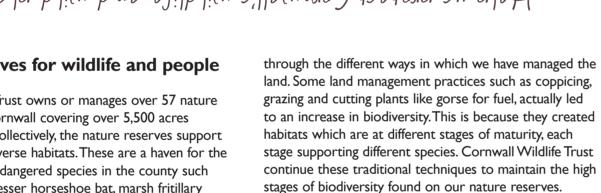
## emperor and lesser emperor.

#### Grasslands Much of the grassland on Trust nature reserves is wet and boggy, such as the culm at Greena Moor Nature Reserve near Bude and the wet meadows at Redlake

### Cottage Meadows Nature Reserve near Lostwithiel, where the rare heath lobelia plant can be found. What these sites have in common is that they must be grazed to prevent scrub dominating, which would take over the grassland if left unchecked. On our nature reserves which need grazing, much effort has been put into making them suitable for grazing stock by installing fencing and water supplies. Grazing is considered the most sustainable form of management for these sites, as mechanical or hand

cutting of the grassland is very labour intensive. Local

graziers are always sought, where possible and the Trust



sasald bliw bra Protecting Commall's wildlife

**Cornwall Wildlife Trust** 

Who we are...

Vildlife Trust

Cornwall

FRSD

give with confidence

Wildlife Trust

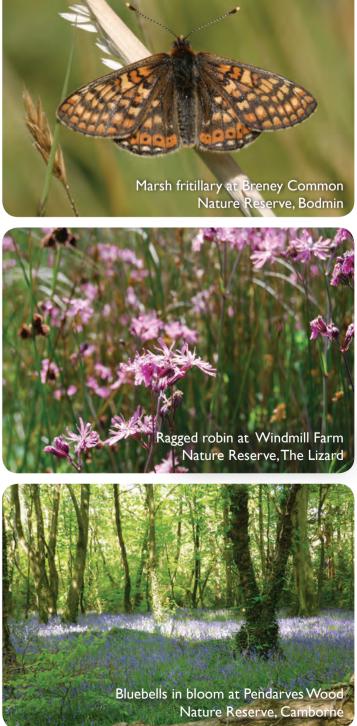
## Nature Reserves of abiud













# Cornwa Wildlife







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www.cornwallwildlifetrust.org.uk/groups

www.cornwallwilflifetrust.org.uk/volunteer

information can be found at the Trust's head office or

and often carry out practical tasks and fundraising for

groups like to get involved in their local nature reserves,

run by people with an interest in their local wildlife. These

The Trust has a number of local groups across the county

of work and provide vital wildlife records for the Trust.

important link to the local community. Many put in hours

on the ground, reporting any problems and providing an

invaluable, because they act as the Trust's eyes and ears

regularly visits the site. The help of Volunteer Wardens is

reserves. Most nature reserves have at least one Volunteer

Nature reserves are owned and managed both for wildlife

geological reserves that were acquired specifically for their

earth science interest. Tresayes Quarry Nature Reserve

near Roche and St Erth Pits Nature Reserve near Hayle

are important for the continued research into Cornwall's

Tresayes Quarry Nature Reserve is a County Geological

advises the Trust on the appropriate management of these.

For more information visit www.cornwallgeology.org.uk

The Trust has many nationally important archaeological

Vale Nature Reserve in Ponsanooth is a nationally

important monument, part of the Cornwall and West

features on its land. The old gunpowder works at Kennall

Devon Mining Landscape World Heritage Site. It is also a

nestle into the river valley, and are surrounded by woods

wonderful nature reserve. The old mills and leat system

teeming with wildlife including the delightful dipper.

These features rarely conflict with the conservation

objectives of the nature reserve and those such as the

Quoit and Castle at Chûn Downs Nature Reserve near

Pendeen in Penwith, and the Bronze Age platform cairn at

Priddacombe Downs Nature Reserve, near Bodmin, add

extra interest for visitors. Expert archaeological advice is

geology, and provide an excellent educational resource.

Site (CGS), of which there are over 100 in Cornwall.

reserves and the Cornwall Geoconservation Group

There are a number of CGS sites on other nature

and geological features of interest. The Trust has two

Local people play a vital role in looking after our nature

Warden, normally someone who lives close by and

These opportunities are available to all and more

Nepsite, visit:

their management.

**volunteers** 



thousands of golden plover that can be seen in the winter Reserve on The Lizard and these not only include unusual birds but rare migrant dragonflies such as the vagrant and Baker's Pit Nature Reserve near St Ives. Marine On many of the Trust's nature reserves, there is a marine influence. Whether this is the salt spray winds that lash the West Penwith heathlands or the rise and fall of the tide in our estuaries, the sea is never too far away from anywhere in Cornwall. The Trust has one specific marine

Heathlands have developed where forest clearance on poor and acid soils has been followed by centuries of grazing, sometimes with frequent burning. On heathlands, scrub invasion, together with over or under-grazing, are often the main issues to tackle. As with grassland management, getting the grazing right is the key to habitat management here. A variety of heathers can be found across our heathland nature reserves including; common heather (ling), bell heather, cross-leaved heath, Dorset heath and Cornish heath which is nationally unique to the Lizard peninsula. Heathland nature reserves include Rosenannon Downs Nature Reserve near Wadebridge

nature reserve: Looe Island Nature Reserve, off the coast

of Looe, where we study marine wildlife. Volunteers

and the nesting success of great black-backed gulls.

monitor the population of grey seals around the island

Recording wildlife presence and behaviour in our seas is

critical to gaining a better understanding of the marine

environment and ultimately providing greater protection.

#### Heathlands

also has its own grazing stock. With suitable stock at the right time of year, scrub encroachment is kept in check and the grassland can develop a structure that benefits birds, mammals, invertebrates and a varied flora.

### **R**SSSC

Geology

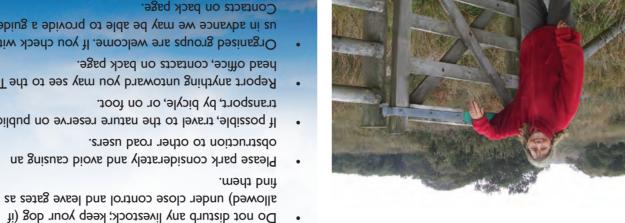
Archaeology

protect the wildlife. Where access is restricted, this is done so in order to all year round and only a few require a permit to visit. maximised. The majority of Trust nature reserves are open ensuring that their enjoyment of the nature reserve is a casual visitor. Access for visitors is a high priority, as is community and use the nature reserve daily or simply Trust's nature reserves, whether they are from the local People are a very important factor in managing the

information overleat. for the 'No dogs' symbol next to the nature reserves' check which nature reserves do not allow dogs look on a lead, this is to reduce disturbance to wildlife. To are permitted on the majority provided they are kept Dogs are not allowed on some nature reserves, but

have wheelchair access look for the 'Wheelchair access' obtained from the Trust. To check which nature reserves reserves and further information regarding terrain can be Specific access for wheelchairs is provided on some nature





us in advance we may be able to provide a guide.

Report anything untoward you may see to the Trust's

Organised groups are welcome. If you check with

If possible, travel to the nature reserve on public

Please park considerately and avoid causing an

allowed) under close control and leave gates as you

nature reserves have dangerous ruined buildings,

Keep to paths, tracks and waymarked trails. Some

head office, contacts on back page.

transport, by bicyle, or on toot.

obstruction to other road users.

quarries and mine shafts - keep away!

Keep clear of forestry workings.

Guard against risk of fire.

Take your litter home.

nature reserves.

Dreeding.

Contacts on back page.

find them.

Looe Island Mature Reserve, off the coast of Looe

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-HZCU Trust RTJZ-YCXR. wildlife <sup>-</sup> es

### **Become a member today...**

I. Choose your membership type

Minimum subscription rates: Per month Per year (Direct Debit only)
Single £2.50 £30
loint £2.75 £33
*Concessionary single £1.50 £18
*Concessionary joint £1.75 £21
Student £1.50 £18
Family (includes Fox Club membership for up to four children)
£4.00 £48
*Retired/unemployed
2. How much would you like to donate in total?
Many members typically donate £5, £10 or £15 a month. Additional
f a month by Direct Debit or donations
make a rea
£ a year by Direct Debit/Cheque/Credit card difference.
<ul> <li>3. How would you like to make your donation?</li> <li>The Trust will benefit even more if you donate by Direct Debit as our administration costs are kept to an absolute minimum.</li> <li>Direct Debit - please complete the form below</li> </ul>
I enclose a cheque made payable to Cornwall Wildlife Trust
Please debit my Visa/Mastercard credit card:
Card Number Expiry Date
<ul> <li>4. Gift Aid giftaid it</li> <li>Gift Aid allows us to reclaim tax on your donations. giftaid it</li> <li>This increases the value of your donations at no cost to you. In order to Gift Aid your donation you must tick the box below.</li> <li>I want to Gift Aid my subscription/donation and any donations I make in the future or have made in the last 4 years. I am a UK tax payer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. Please notify us if: you want to cancel, change address, no longer pay sufficient tax.</li> </ul>

5.Your details				
Full Name(s):				
Address:				
	Postcode:			
Telephone:	DOB:			
Email:				

Date

6. Children's details	(for family or Fox	Club only membership)
-----------------------	--------------------	-----------------------

	Name:	DOB:		
1	Name:	DOB:		
	Name:	DOB:		

I am happy to be contacted by Cornwall Wildlife Trust about conservation work, membership, fundraising and other Trust activities by:

tick for all 
post email enewsletter telephone text

#### 7. Where did you get this leaflet?

Print name

Data Protection Act. Any personal information given to us is protected under the UK
Data Protection Act 1998 and will ony be used of the purpose of membership administration
and fundraising for Cornwall Wildlife Trust, we will never sell or swap your details.

Instruction to your Bank or Bui Society to pay by Direct Debit	Iding DIRECT De bit						
Originator's Identification Number 830389	Originator's Identification Number 830389						
Name(s) of Account Holder(s)							
Bank/Building Society account number Branch Sort Code							
Name and full postal address of your Bank or Building Society							
To: The Manager Bank/Building Society							
Address:	Address:						
Postcode:							

#### Reference number (for office use only)

Banks and Building Societies may not accept Direct Debit Instructions for some types of account.

egistered Charity number 214929. Registered charity name: Cornwall Trust for Nature Conservation Ltd.

Instruction to your Bank or Building Society Please pay Cornwall Wildlife Trust Direct Debits from the account detailed on this Instruction subject to the safeguards assured by the Direct Debit Guarantee. understand that this Instruction may remain with Cornwall Wildlife Trust and, if so, details will be passed electronically to my Bank or Building Society.

Signature(s)	Date
The Direct Debit Guarantee	

This Guarantee is offered by all Banks and Building societies that accept Instructions to

If there are any changes to the amount, date or frequency of your Direct Debit Cornwall

Wildlife Trust will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request Cornwall Wildlife Trust to collect a payment, onfirmation of the amount and date will be given to you at the time of the request.

If an error is made in the payment of your Direct Debit by Cornwall Wildlife Trust or your Bank or Building society you are entitled to a full and immediate refund of the amount paid from your Bank or Building society. If you receive a refund you are not entitled to, you must pay it back when Cornwall Wildlife Trust asks you to.

You can cancel a Direct Debit at any time by simply contacting your Bank or Building society.

Key to symbols				19.			
Amphibians	CWS	County Wildlife Site	[i]	Information leaflet	SAM	Scheduled Ancient Monument	Wo SW Dir
Archaeology	溪	Ferns	火	Insects	SSSI	Site of Special Scientific Interest	Schorigh
Area of Outstanding N Beauty		Flowers	<u> </u>	Mammals	SAC	Special Area of Conservation	a de entr
Bird hide	<b></b>	Fossils/Geology	9.	Molluscs	wc	Toilet	Via
Birds	V	Fungi	*	No dogs		Trail	est
Butterflies	<b>1</b>	Grazing	Ρ	Parking	<b>N</b>	View point	larg ent
S County Geological Site	e 🚺	Information board	ø	Reptiles	う	Wheelchair access	20

### Armstrong Wood Nature Reserve

Semi-natural woodland, meadows, marshy wetland. 9 hectares (23 acres) Permit required, please contact the Trust.

### CWS AONESAM 🐂 🚽 🌍 1 🚺 📥 💵 🎾 P 🥯

Old china clay works, heathland, wet willow woodland, scrub, grassland, 45 hectares (111 acres) SW 482 359 (car park)

Directions: Head east away from Penzance on A30.At Crowlas turn left onto the B3309. Follow this road until the T-junction at Castle Gate turn right onto the B3311. Head down hill to Nancledra. At bottom of hill, turn left before the bridge, and follow signs to Georgia. Drive through Georgia until the road becomes a gravel track. After 50 metres you will see the nature reserve entrance and small car park on your right.

3. Beales Meadows Nature Reserve

Semi-improved and marshy grassland. 6 hectares (15 acres)

area for off-road parking.

SX 304 894 (main entrance) Directions: Beales Meadows lies south of Langdon Cross and east of the village of North Petherwin. From the B3254, 3.5 miles (6km) north of Launceston, take a left turn (track) just before Langdon. Take the first turning on the right and pass through a gate. The meadows are either side of the track which leads to a small

## 4. Bissoe Valley Nature Reserve

Regenerating heathland, planted woodland, ponds. 3 hectares (7.5 acres) SW 771 413

Directions: From the A39 at Devoran, 3.5 miles (6km) south of Truro, take the turning for Bissoe, lust after Bissoe, the road bends to the left. A cycle hire centre is on your right and the reserve access is via a track off to the left. Parking is available nearby and you then need to walk to the nature reserve.



The entrance to Bostraze nature reserve is approximately 850m from Woon Gumpus Car Park (grid ref: SW 394 334). From Penzance take the A3071 to Newbridge, after Newbridge take the B3318 towards Pendeen, the car park is approx 1.5miles on the right directly opposite a left turn to Trewellard. From the car park, take care crossing the B3318 and take the road that is signposted to Trewellard, then turn left onto a track and follow this for approximately half a mile down to the reserve entrance gate. This track is uneven and in the winter and times of high rainfall it will be very wet.

### 6. Bosvenning Common Nature Reserve

Heathland. 16 hectares (39 acres)

SW 418 316 (entrance) **Directions:** Take the A3071 from Penzance to Newbridge. Drive through Newbridge. At the end of the village take the next left. Nature reserve entrance is on the right. There is no parking near the entrance to this nature reserve so please park nearby and walk to the entrance.



and wetland. 77 hectares (190 acres) SX 129 652 (main entrance by saw mill).

Directions: From the A38, 3 miles (5km) east of Bodmin, take the turning towards Cardinham (next to Lodge). Cross the bridge over the River Fowey, and access is via the first track on the right. Parking is opposite the sawmill.

### Caer Brân and Bartinney Nature Reserve

Heathland, grassland. 34 hectares (84 acres) SW 401 293 (entrance) Directions:

Caer Brân: The village of Sancreed is 1.2 miles (2km) to the east, while St Just is 1.8 miles (3km) to the north-west of this nature reserve. Take the road from Sancreed to St Just and park in Grumbla. Continue on foot to the end of the village and turn left up a rough track. The entrance is on the right after about 0.3 miles. Bartinney: The entrance to Bartinney Nature Reserve is approximately 550m from Chapel Carn Brea car park. Turn off the A30 at Crows-an-wra towards Lands End Airport and the car park is just over half a mile on the left. From the car park, cross the road and follow the track opposite, turning off onto the first smaller track on the left. This track is uneven and can get very wet in the winter and at other times of year after periods of heavy rain.



Wet heathland. I hectare (2.5 acres)

SW 794 537 (southern entrance over Sunnyside Sanctuary). Directions: From Goonhavern, take the B3285 towards Zelah. A few hundred yards along the road opposite World in Miniature, take the track off to the left. Go over the stile and bear left across a field until you reach the heath. Please bear in mind that this is a private footpath.

inland from Pendeen on the north coast of the west Cornwall peninsula. A lane signposted to Chun Castle leads west from the Penzance to Morvah road at Bosullow Common, I mile (1.6km) south east of Morvah. Alternatively there is a small car park at Woon Gumpus located on the B3318 I mile south of Pendeen.

### 11. Churchtown Farm Community Nature Re aonecgs 🐂 💵 sac 👔 🎾 🏶 🚺 祿 📥 🤳

Grassland, estuarine mudflats, wetland, woodland, disused guarries, hedgerows 61 hectares (150 acres)

SX 417 582 (behind St Stephen's Church) or SX 419 576 (down Wearde Road) Directions: From A38 Saltash by-pass, take right turning at Saltash Industrial Estate roundabout into Callington Road. Go straight over next roundabout, at traffic lights go straight over continuing along Callington Road. At the miniroundabout turn right into Church Road past Saltash College, then straight over the next mini-roundabout into St Stephen's Road. At the junction turn left and then right into Wearde Road. Park past yard on left hand side. Entrance to nature reserve on right. For more information visit www.churchtownfarmsaltash.org.uk



SW 790 513

Directions: From A30 heading east, go left after Marazanvose. After 1 mile (1.6 km) on the right is the entrance which is a wooden gate between two granite posts, with a small pull in opposite.



Semi-natural ancient woodland. 16 hectares (40 acres) SW 772 376 (main entrance)

Directions: The entrance is immediately left after the turning signed to Mylor, Flushing & Restronguet from the A39 in Perranaworthal, 3 miles (5km) north of



SW 863 689 (main entrance) Directions: From Mawgan Porth on the B3276, take the road to St Eval. With the disused St Eval Airfield on your right, take the left turn to Downhill. Access to the nature reserve is at the end of the first track on the left.



Tidal mudflat and salt marsh. 41 hectares (101 acres) SW 891 404 (Trelonk, where road crosses river at Tuckingmill Creek)

SW 887 419 (the quay at Ruan Lanihorne) Directions: The nature reserve is situated on the Roseland Peninsula. The nearest village is Ruan Lanihorne. Access is very limited. There is no access to the Trelonk part of the nature reserve as it is bounded by private farmland and impassable mudflats. However it may be seen from the quay near Ruan Lanihorne. The Ardevora section is only accessible by boat. The exposed mudflats are potentially dangerous, so visitors are requested not to attempt to gain access by crossing them.

#### 16. Five Acres Nature Reserve - The Trust's head office 淋(▲| 1|♥| ₽|≯|≫|⊅|

Grassland, woodland and heath with wildlife demonstration areas 6 hectares (15 acres)

SW 793 485 (car park)

Directions: Take the B3284 from Truro, at the junction in Allet turn right (signposted to Callestick). Five Acres Nature Reserve is immediately on the right. Allet Bog Nature Reserve is separate to the main nature reserve and is accessed via a track leading down to the valley bottom, please ask a member of staff for details.



Grassland, pond. 0.4 hectares (1 acre) SW 811 444 (main entrance)

Directions: This nature reserve is located adjacent to New County Hall on the

south-west edge of Truro. You can reach it via the public footpath which runs alongside the County Hall car park off Highertown Road. The entrance is a short way down the path, on the right.

#### 18. Greena Moor Nature Reserve (Creddacott Meadows) cws SSSI 凝 🎾 🞊 🛔 💞 🐂

Culm grassland, woodland and streams. 37 hectares (91 acres) SX 234 963 (access point from road)

**Directions:** Greena Moor is 1 mile (1.6km) south of the village of Week St Mary. From the A39, 5 miles (7.5km) south of Bude, take the turning for Week St Mary. In Week St Mary, turn right towards Week Green, then fork right. Access to the reserve is through a gateway on the left hand side, 0.75m (900m) along this road.

 10. Chûn Downs Nature Reserve

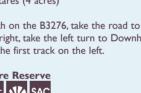
 CWS AONESAM

 Image: SAM

 Image: SAM Lowland western heath. 22 hectares (54 acres) SW 409 336 (car park at Trehyllys Farm) Directions: Chûn Downs Nature Reserve is located about 2 miles (3km)









# **Cornwall Wildlife Trust Nature Reserves**

## ws 🌿 🏶 🙏 🎾 🖓 🌾

nd with glades and pond. 4 hectares (10 acres)

444 (south-western entrance off Mount Pleasant Road) ons: Nature reserve entrance: Take the turning for Richard Lander bypass the main entrance and head for the services entrance, then turn wn the hill and the nature reserve is on the left at the bottom - this is end road.We recommend that you do not drive to the nature reserve e as vehicular access is very limited, so find parking nearby. tpath in Gloweth estate: Alternatively the nature reserve can be d via a footpath running along the south eastern boundary of the Gloweth rom the A390, turn down Chyvelah Vale past Truro College, turn right nglsey Close (restricted parking), cross an area of green space with a

k tree, turn left on the path and follow it until you see the nature reserve e on your right. ces Wood Nature Reserve

### cws 🎾 ) 🌿 🏶 🎊 🐎 🕅

Woodland with streams and a guarry, 3 hectares (7 acres) SW 986 710 (main north western entrance)

**Directions:** From the old A39 in the centre of Wadebridge, take the turning to Polmorla and Treneague. Turn left up to Treneague, access to the nature reserve is from a track just south of Treneague.

21. Helman Tor Nature Reserve (also includes Lowertown Moor, Breney Common and Red Moor nature reserves aone cws SSSI CGS SAM 🏷 🍪 💵 🦐 SAC 🦟 🔒

P 🌿 📥 i 👌 Heathland, grassland, wetland, woodland and open water. 217 ha (536 acres)

SX 062 615 (Helman Tor) Directions: The nature reserve is 2.5 miles (4km) south of Bodmin, 2 miles to the north west of Lostwithiel. By car, access is from the A30/A391 (Innis Downs) undabout south of Bodmin. Take A389 to Lanivet. Take first right going under A30 bridge. Take first left immediately after bridge. Directions to the different parts of the nature reserve are from this point

For Helman Tor Nature Reserve turn right at Reperry Cross and take the left fork to Trebell Green. Go straight on at Trebell Green towards Gunwen. Take first left and a small car park is approx 1/2 mile on the left.

For Breney Common Nature Reserve entrance, turn right at Reperty Cross and take the left fork to Trebell Green. Go straight on at Trebell Green towards Gunwen. The entrance track is on the left after Gunwen Chapel, opposite The Barn (SX 054 610).

For **Red Moor Nature Reserve** turn right towards Fenton Pits. Continue for 1.5 miles (2.5km) and turn right for Tredinnickpits. Access to the nature reserve is via a track on the right 100m south west of a grass triangle formed by the roads in Tredinnickpits (SX 075 622). The nature reserve may also be reached from Helman Tor along the Saints' Way (SX 063 610).

## 22. Kemyel Crease Nature Reserve

Terraced cliff with conifer plantation. 2 hectares (6 acres) SW 460 243 (where coast path enters from the north - Mousehole) **Directions:** On foot only. It is a walk of I mile (1.6km) from where the coastal path leaves the road south



water-filled guarry.

8 hectares (20 acres) SW 7535 3756 (main entrance -

do not park here) SW 7546 3767 (parking)

Directions: Head north from Falmouth towards Ponsanooth on A393. In Ponsanooth, turn left at Post Office. Follow the road and park in the

village. It is important that you do not park on the narrow lane in front of the nature reserve entrance. On foot climb Cot Hill Road. Ignore the grand entrance to Kennall House and keep walking up the hill. The entrance is on the right at the old pottery.

#### 24. Lanvean Bottoms Nature Reserve

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Woodland and wet heath with a stream. 5 hectares (12 acres) SW 880 663 (main entrance) Directions: From Mawgan Porth on the B3276, take the road to St Mawgan. Go

past the first turning on the right to St Mawgan until you arrive at the five-lane crossroad. Take the second exit on the left and keep going until you reach the bridge and stream at the bottom of the hill. The entrance is through a small woodland area on the left via a wooden gate about 20 metres downstream from the bridge.



Meadow, sand-dune, reedbed and marshy grassland. 11 hectares (26 acres) SW 576 389 (main entrance) **Directions:** From a lay-by on the right of the B3301, 2 miles (3km) northeast

### cws 💵 🎾 🚺 WC 🔭 🎲 🐂 🛆 🖠 🦑 Cliffs, maritime grassland, scrub, woodland, sand/shingle

SX 256 514 (middle of the island)

SX 255 530 (boat departure point on the main land - near the Lifeboat station slipway) From Easter to September you can visit the nature reserve on an authorised boat which can access the island up to two to three hours either side of high tide, in daylight hours and when sea and weather conditions allow. An information board on Buller's Quay (near the RNLI slipway close to the junction of Church End and River View) gives details of crossings for the day. There is a charge for the crossing and a landing fee is collected on the island. Pre-bookable guided walks, tipi holidays and weddings are also available on the island. For more information visit www.cornwallwildlifetrust.org.uk/looeisland.



#### Reservoir with moorland. 128 hectares (316 acres) SX 180 742 (path from Deweymeads car park)

Directions: On the A30, take the turn off for Jamaica Inn. Opposite the inn take the road towards Dozmary Pool. After a mile pull off to the left and park opposite a track that runs down to the reservoir. By foot, follow this track to a combination gate (combination available from East Cornwall Reserves Manager on 07866 430086). Once through the gate follow a path to the left to a hide overlooking the reservoir.

#### 28. Lower Lewdon Nature Reserv cws 🍞 🇞 🎊 🎾 👔 Р 🐂 🆓

Culm grassland and woodland, 5 hectares (11 acres)

SS 256 096 (stile on northern boundary) Directions: On the B3254, I.5 miles (2.2km) south of Kilkhampton, is a turning to Hessaford Farm. From a small car park on the left, a little way along this road is a waymarked footpath leading to the nature reserve.

### cws SSSI 📊 🎝 🆓 🎆 🜿 🕰 汝 Heath and woodland, 3 hectares (7 acres) SX 391 723 (south entrance track)

Directions: Take the A390 west from Gunnislake. After 2.5 miles (4.5km), turn right towards Kelly Bray. At Monkscross, turn right towards Luckett.



### Wetland meadow and pool. 10 hectares (25 acres)

SX 206 076 (view point from the road) Directions: From Bude, take the road to Crooklets. Turn right opposite Crooklets Beach car park and then first left towards Maer. The nature reserve is on the right, a few hundred yards along this road. There is no access onto the nature reserve, which may be viewed from the road.

## Marsland Valley Nature Reserve SSSI 业 祭 禄 文 》 众 🐂 🗭 🚴 i SAC

Mixed woodland, grassland, heath and scrub with streams. 186 hectares (460 acres). Jointly owned with Devon Wildlife Trust who manage this nature reserve. For access information and permits contact Devon Wildlife Trust (01392 279244).

### 32. Middle Amble Marsh Nature Reserve

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Wet meadows, reed bed and scrapes. 7.8ha (19 acres) SW995750

This site will be open to the public in 2016. For more information contact the East Cornwall Reserves Manager on 07866 430086.

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#### Reedbed, stream and marshland. 5 hectares (11 acres) SW 762 541 (main entrance)

Directions: Leaving Perranporth to the east on the Goonhavern road turn right into the sports club car park behind the chimney stack. The entrance is down a short path to the right of all the buildings.

### 34. North Predannack Downs Nature Reserve AONB CWS SSSI SAC ↓ Heathland, pools and wetland. 35 hectares (87 acres)

SW 687 174 (entrance)

SW 698 185 (parking in lay-by)

Directions: Park at the lay-by opposite Mullion Holiday Park at the B3296/A3083 junction. Follow the Bridleway from here to the southwest for 3/4 mile. Nature reserve is on the left.

#### 35. Park Hoskyn Nature Reserve (also known as The Hayman Nature Reserve) cws 🍫 ⋟ 🌿 🞊 Valley woodland, 2 hectares (5 acres)

SW 750 496 (main entrance)

Directions: Take the B3284 west from Truro. At Penwartha, turn sharp left on to Directions: From the A390 at St Annes Chapel take signposted turning to a minor road and then immediately right down a small lane. The entrance is in the Donkey Park. Park in the Tamar Valley Donkey Park car park and proceed to ticket bottom of the valley on the left, after crossing a small bridge.



### SW 641 377 (entrance)

Directions: Follow the B3303 from Camborne police station for 1.5 miles. The nature reserve entrance is shared with the lodge house, there is no parking here. Limited parking can be found on Botetoe Road on the opposite side of the B3303. SX 431 614 (Landulph section public footpath from the marsh)



### Woodland and coastal grassland. 7 hectares (17 acres)

SX 436 491 (main entrance from car park) Directions: From Millbrook, head for Cawsand and Rame. In Rame, turn left just before the church and follow the road to the Battery.

### 38. Phillips's Point Nature Rese CWS No State State

Cliffs and clifftop heath. 2 hectares (5 acres) SS 200 046 (entrance to north where SW Coast Path crosses reserve) **Directions:** I mile (1.6km) south of Bude, on the road to Widemouth Bay, opposite the Chough Hotel.

### 39. Priddacombe Downs Nature Reserve CWS AONB SAM SSSI 1 St De De Angeland

Dry acid grassland, purple moor grass and rush pasture. 91 hectares (224 acres) SX 164 770 (entrance)

Directions: Nature reserve is situated north of the A30 near to Jamaica Inn. There is no vehicular access to this nature reserve and visitors must walk approximately I mile (1.6km) along a rough track from the A30. There is roadside parking at Bolventor Church and it is possible to avoid walking alongside the A30 by gaining access across Common Land - please contact the Trust for details.



Woodland. 26 hectares (64 acres) SX 062 555 (Main entrance)

**Directions:** From St Austell, take the A390 through St Blazey. Just before the railway crossing (opposite the garage), turn left. After about 1 mile (1.6 km), turn right. The entrance is up a track a little way after this junction, on the right.



#### Grassland, heathland, woodland and a stream. 9 hectares (22 acres) SW 921 615

**Directions:** From the roundabout on the A39 south of St Columb Major, take the road east towards Roche. After 3/4 mile turn right towards Springfield's Pony Centre. The entrance is on the right, just before Quoit Farm.



#### SX 126 585 (entrance to south section)

Directions: Take the Lerryn road from Lostwithiel. On the left, after 1.5 miles (2.4km), a track leads to Redlake Cottage. The entrance is a gate at the end of the track.



Cliffs and woodland. 20 hectares (49 acres) SX 033 489 (entrance to centre of nature reserve at Trenarren) Directions: From the A390, heading east through St Austell, pass Asda on your right and head up the hill. Near the brow, turn right towards the hospital. Just after the hospital, at a junction where the road goes round to the left, carry straight on for 1.5 miles (2.5km), then turn left towards Trenarren. Access is via a track forking off to the left just before reaching Trenarren.



Lowland heath, valley mire and woodland, [1] hectares (274 acres) SW 957 669

Directions: Leave the A30 at Victoria Interchange and head west along the old A30. Take the B3274 towards Padstow. Take the third right turn, then first left towards Rosenannon. Go down the hill through the village on the Wadebridge road. The nature reserve lies either side of the road beyond the village

### 45. St Erth Pits Nature Reserv sssi 🌍 🎾 🌿 🦑 🛉

Disused sandpit, woodland. I hectare (2.5 acres) SW 556 351 (entrance from public footpath) Directions: In the village of St Erth, south of Hayle, from Fore Street, going uphill, turn left into Vicarage Gate. Keep to the left side and walk to the end of the houses where a grassy path continues alongside the playing fields. Follow this grassy path a short distance as it bears round to the right. The entrance to the nature reserve is a little way along this narrower path between the trees on your right. Look for the hand gate and steps.



Wet willow woodland. 0.8 hectare (1.9 acres) SW 800 317 (south-west boundary by public footpath) Directions: This nature reserve lies just to the north east of Swanpool Local Nature Reserve which, in turn, lies to the south east of Falmouth

### 47. Sylvia's Meadow Nature Reserve cws SSSI 🎾 🛓 🍣 🎀 褬 💬 🛔 🗯 Herb-rich pasture. 5 hectares (12 acres)

office. Staff will direct you to nature reserve entrance. Reserve Manager on 07866 430086 to check opening times.

### 48. Tamar Estuary Nature Reserve

Tidal mudflats and salt marsh. 109 hectares (269 acres) SX 436 627 (Cargreen) SX 420 613 (Moditonham Quay)

Directions: The foreshore may be reached from Cargreen village or, at Landulph, follow the lane past the church and turn right through a gate on to a track leading to the sea wall. The creek may be reached from Moditonham Quay. All may be approached via lanes from the A388, 1.25 miles (2km) north of Saltash. Two bird hides can be accessed via the China Fleet Club, Saltash. Call the East Cornwall Reserves Manager on 07866 430086 for more information.



Wet meadows, stream and pool. 0.6 hectare (1.5 acres) SX 415 588 (entrance from Tincombe Road at south-west of nature reserve) Directions: From the B3271 Callington Road in Saltash, turn down Church Road by the fire station, then take the second right and first left into Maybrook Drive and the second right into Tincombe. Access is across an open area of grass a little further down this road. Roadside parking.

## AONB 🎆 🎾 🖉 🌿

Meadow and coastal valley, 1.3 hectare (3 acres) SX 062 865 (from public footpath) close to the nature reserve



SW 960 629 road I mile (1.6km) south of Tregonetha.



SW 995 586

the route above.

Roadside parking.

## Quarry, wet woodland. 0.6 hectares (1.5 acres)

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Marshland. I hectare (2.5 acres)

SS 206 042 (main entrance)

opposite the hotel.

SW 694 152 (car park)



SX 413 707 (from public footpath in south-east corner of nature reserve)

Access: From Easter until 30th September Sylvia's Meadow is open daily from 10am until 5pm. From October until Easter please contact the East Cornwall



**Directions:** Via a public footpath off the road leading to Treknow from the B3262 at Trewarmett, 2 miles (3.3km) south of Tintagel. There is no parking available

Lowland heath and valley mire. 42 hectares (105 acres)

Directions: Leave the A30 at Victoria Interchange and head west along the old A30. Take the B3274 towards Padstow. The nature reserve lies either side of the

**Directions:** From the A30 take the Victoria exit and drive to Roche. Drive through Roche along the B3274 and into Trezaise. Take the left turn onto Prosper Road before the derelict church. Continue to the end of Prosper Road and at the entrance to Goonvean Prosper Pit clay workings turn right up the unmarked track. There is parking for two cars and a turning space in front of the nature reserve sign. From St Austell take the B3274 heading to Roche, once in Trezaise turn right after the derelict church onto Prosper Road and follow

53. Tywardreath Marsh Nature Reserve

SX 077 547 (entrance from Andrew's Road) Directions: From a track off St Andrew's Road, just north of Par railway station.

54. Upton Meadow Nature Reserve

Meadow with woodland. I hectare (2.5 acres)

Directions: I mile (1.6km) south of Bude, on the road to Widemouth, take the lane next to Elements Hotel. As you approach the bungalow at the end of the lane take the path through a gate on the right hand side. Passing through a farm gateway, the reserve is to the right down a sloping field. Park in a small layby



Directions: On the B3301 head north from Hayle towards Gwithian. Go past the right hand turn signposted to Connor Downs then just after take the track on the left (look out for the post box in the wall). At the top of the track there is some parking at the gate entrance, but it is limited so visitors can also park at the Gwithian Towans car park further on up the B3301, on the left (SW 581 406). The nature reserve is to the left of the parking areas.



Heath and woodland. 8 hectares (20 acres)

SW 780 514 (main entrance in north of reserve from village) Directions: On the A30, 1.5 miles (2.5km) south west of Zelah, take the turning for Ventongimps. After 1.5 miles (2.5km), turn left at a T-junction and then first left. Entrance is from a footpath 25 metres up the road on the left.



Heathland, hay meadows, ponds and scrapes. 75 hectares (185 acres)

**Directions:** On the A3083 head south towards Lizard village. I.5 miles (2.5km) after the Mullion Holiday park turn right at 'Wild Camping' sign, follow the track and keep going to the end where you can park in front of the remains of the windmill.